

## Balancing Thrombotic and Bleeding Risks: An Individualized Approach

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### Abstract

Antithrombotic therapy has revolutionized the medical management of patients. Over the past 20 years, the development of new antithrombotic medications and strategies has reduced ischemic events very significantly. With every approach to reduce thrombosis, however, there is an accompanying risk of increasing bleeding complications. Conversely, reducing bleeding complications may increase thrombotic (ischemic) events. Due to increasing number of elderly populations, prevalence of thrombosis related complications and bleeding associated with anti-thrombotic treatment is constantly rising. There are various tools to assess thrombotic risk, but assessment of bleeding risk is often ignored. Thrombosis and bleeding, both increase morbidity and mortality. Balancing both ends of the spectrum is essential, and an individualized approach to therapy is advocated. The author will present various strategies to balance the thrombotic and bleeding risk assessment and management. This presentation will be of interest to Physicians, Cardiologists, Haematologists, Surgeons, Anesthetists and nurses.

### Speaker Publications:

1. "Exercise on a Prescription"; Journal of Physical Medicine Rehabilitation Studies & Reports/2020/Volume 2(2): 1-1.
2. "COVID-19: Who is at Risk and How to Risk Stratify for Poor Outcome?"; Annals of Palliative Care & Medicine/26 May, 2020/Volume 1/Issue 1: 1005.

[2nd European Cardiology Congress](#); Webinar –August 21-22, 2020;

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### Biography:

He is a healthcare professional with over 23 years experience. He has following roles, responsibilities and accomplishment. Consultant Cardiologist and Acute Physician, Head of the Department of Medicine Chairman, Resuscitation committee, Regional Coordinator for Medical Education, Royal College of physicians of Edinburgh, External Examiner, Arabian Gulf Medical University, Bahrain, Examiner, Royal College Physicians of Edinburgh, Member and Fellow of various International Medical societies, Peer review author of various International medical journals, have published research and scientific work in various reputed journals, have presented scientific and research work in various national, regional and international medical conferences.